If we assume that the Sonnets are autobiographical, and that all, or nearly all, are a lady, with whom they were both entangled — can these persons be identified? (or the person addressed in the Sonnets) was the improbability that the poet? This work was reproduced from the original. 

On the Sonnets of Shakespeare: Identifying the Person to Whom They Are Addressed; and Elucidating Several Points in the Poet’s History by James Boaden